



# TAKING ACTIONS DAY

October 17, 2015 - Washington, DC

	<b>Time</b>	<b>Act of Kindness</b>	<b>Location</b>
1	10:10am	Let a driver go in front in heavy traffic	Wheaton
2	10:16am	Let 2 people cross the street	Silver Spring
4	11:07am	Send a nice text to a loved one	Silver Spring
5	11:13am	Let 7 people get off the train first	Columbia Heights
12	11:16am	Offer to pay someone's metro card	Columbia Heights
13	11:19am	Support a local flower vendor	Columbia Heights
14	11:26am	Give a gift card to a stranger	Columbia Heights
15	11:32am	Give flowers to a lady	Columbia Heights
16	11:37am	Give \$ to a music band at a farmers market	Columbia Heights
17	11:39am	Give flowers to a lady	Columbia Heights
18	11:45am	Support a local vendor (Yoli Trading Company)	Columbia Heights
19	11:45am	Buy a drink for a stranger	Columbia Heights
20	11:57am	Talk to 3 strangers about being kind to one another	Columbia Heights
23	12:00pm	Give lollipops to 2 children	Columbia Heights
25	12:05pm	Give \$ and lollipops to a local artist (Chubbzy Clown)	Columbia Heights
26	12:20pm	Support a local apple vendor	Columbia Heights
27	12:30pm	Thank fire department with apples (Engine 11, Truck 6)	Columbia Heights
28	12:40pm	Give beauty tips (hair) to a stranger	Columbia Heights
29	12:45pm	Buy a gift for a friend	Columbia Heights
30	12:48pm	Make donation to a local artist (Victory Dance Creative)	Columbia Heights
31	12:56pm	Give directions to a stranger	Columbia Heights
32	12:58pm	Leave a gift for a stranger at a metro station	Columbia Heights
33	01:04pm	Help someone with dropped items	Gallery/Chinatown Metro
34	01:07pm	Give directions to a stranger	Gallery/Chinatown Metro
35	01:16pm	Offer to make a donation (The Nature Conservancy)	Gallery Place/Chinatown
36	01:26pm	Feed a homeless person	Gallery Place/Chinatown
37	01:27pm	Give \$ to a local artist (street performers)	Gallery Place/Chinatown
38	01:33pm	Feed a homeless person	Gallery Place/Chinatown
39	01:40pm	Give \$ to a stranger in need	Gallery Place/Chinatown
40	02:20pm	Pay for a friend's meal	Gallery Place/Chinatown
41	02:49pm	Offer seat to an elderly person	Metro Center
42	03:10pm	Let 4 people get off the train first	Smithsonian Metro





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46	03:13pm	Show someone how to use metro card to exit a station	Smithsonian Metro
47	03:30pm	Take a picture for a group of Navy cadets	National Mall
48	03:40pm	Give free hugs to ~110 strangers in about 50 minutes	National Mall
158	03:40pm	Give ~120 Taking Actions wristbands during free hugs	National Mall
159	03:54pm	Give "50 Acts of Kindness" cards to a teacher	National Mall
160	04:11pm	Take a picture for a family	National Mall
161	04:15pm	Give lollipops to ~10 people during free hugs	National Mall
171	04:20pm	Give Taking Actions buttons to ~6 people during hugs	National Mall
177	04:24pm	Take a picture for a group of friends	National Mall
178	04:26pm	Help someone with dropped items	National Mall
179	05:02pm	Give a compliment to a stranger	National Mall
180	05:30pm	Give a generous tip to a taxi driver	Dupont Circle
181	05:41pm	Feed 8 homeless people	Dupont Circle
189	06:00pm	Hold kindness, world peace and human rights posters to raise awareness	Dupont Circle
190	06:13pm	Talk to a stranger about animal rights	Dupont Circle
191	06:18pm	Give compliments to 8 strangers in about 30 minutes	Dupont Circle
199	06:30pm	Listen to a stranger talk about government and media	Dupont Circle
200	06:55pm	Make ~53 people smile/honk for peace & love (30 mins)	Dupont Circle
201	07:28pm	Give \$ to a local artist (street performer)	Dupont Circle
202	08:05pm	Give \$ to 4 ladies at a work place (food court)	Union Station
206	08:19pm	Pay for a stranger's meal	Union Station
207	08:42pm	Throw away someone else's trash	Union Station
208	08:44pm	Hold the door open for a stranger	Union Station
209	08:45pm	Feed a homeless person	Union Station
210	09:10pm	Clean metro cart	Takoma /Silver Spring
211	09:17pm	Recycle newspapers from a metro cart	Silver Spring Metro
212	09:30pm	Leave encouraging/inspirational notes in 10 parked cars	Silver Spring
222	10:02pm	Give \$ to a local artist (street performer)	Silver Spring
223	10:07pm	Pay for someone's movie ticket	Silver Spring
224	10:08pm	Greet and hold door open to 52 strangers in (~15 mins)	Silver Spring
225	All Day	Say hello to 60-80 strangers throughout the day	Everywhere
226	10:30pm	Make a donation to a random non-profit	Glenmont

